

1980 Region 8AA Girls Championship at Alexandria on May 24th

Teams: St. Cloud Apollo 92, St. Cloud Tech 77, Alexandria 68, Moorhead 44.3, Melrose 34, Brainerd 32, Little Falls 24.3, Bemidji 20, Crookston 17, East Grand Forks 16.3, Park Rapids 8, Sauk Rapids 8, Cold Spring Rocori 3, Thief River Falls 1

100

- 1 Terri Nelson, Alex 12.53
- 2 Shannon Rauch, SCT 12.70
- 3 Sabrina Lowdermilk, EGF 13.00
- 4 Linda Shaw, DL 13.02
- 5 Sandy Goedeke, Bem 13.10
- 6 Ann Mikkelson, FF 13.24

200

- 1 Terri Nelson, Alex 26.66
- 2 Sabrina Laudermilk, EGF 26.71
- 3 Stacy Slapnicher, Bem 26.79
- 4 Kim Braegelmann, Melr 26.93
- 5 Ann Mikkelson, FF 27.59
- 6 Jeanette Joyce, Alex 27.93

400

- 1 Carol Peterka, SCA 57.26
- 2 Terri Nelson, Alex 58.55
- 3 Denise Deering, LF 60.05
- 4 Laura Griesch, SCA 60.64
- 5 Kim Wiedl, Melr 61.14
- 6 Jana Bornhoff, Crook 61.70

800

- 1 Kathy Kelly, SCT 2:20.56
- 2 Kim Wiedl, Moor 2:21.75
- 3 Jana Bornhoff, Crook 2:23.99
- 4 Shelly Gulbranson, SR 2:27.13
- 5 Rose Cindy, FF 2:27.44
- 6 Dawn Shafer, DL 2:28.68

1600

- 1 Nancy Dietman, SCT 5:17.81
- 2 Carla Sorenson, Brain 5:18.46
- 3 Heidi Keller, SCT 5:18.63
- 4 Mary Waxlax, SCA 5:38.64
- 5 Dee Phillips, Roco 5:38.65
- 6 Becky Ryskamp, Alex 5:43.73

3200

- 1 Anne Hicks, SCA 11:37.31
- 2 Jane Remark, Moor 11:49.02
- 3 Shelia Wavrek, SR 12:00.12
- 4 Liz Feler, SCT 12:00.41
- 5 Sue Bonovich, Bem 12:05.45
- 6 Kara Kennedy, Moor 12:22.25

100 Hurdles

- 1 Linda Johnson, Alex 15.65
- 2 Amy Maus, Melr 15.78
- 3 Mary Braun, SCT 15.80
- 4 Sarah Strand, Moor 16.28
- 5 Ramona Rugloski, Brain 16.52
- 6 Shannon Benson, Crook 16.66

200 Hurdles

- 1 Carol Peterka, SCA 29.19
- 2 Linda Johnson, Alex 29.37
- 3 Sarah Strand, Moor 30.48
- 4 Kathy Watson, PR 30.56
- 5 Angie Kondos, Moor 31.00
- 6 Karen Schwartz, SCA 31.37

4x100 Relay

- 1 Detroit Lakes 51.21
- 2 St Cloud Tech 51.31
- 3 Bemidji 51.36
- 4 Little Falls 52.16
- 5 St. Cloud Apollo 52.24
- 6 Brainerd 52.43

4x200 Relay

- 1 St. Cloud Apollo 1:48.21
- 2 Fergus Falls 1:48.73
- 3 St Cloud Tech 1:49.15
- 4 Bemidji 1:49.51
- 5 Alexandria 1:50.22
- 6 Moorhead 1:52.02

4x400 Relay

- 1 St. Cloud Apollo 4:05.59
- 2 Little Falls 4:10.05
- 3 Brainerd 4:13.18
- 4 St. Cloud Tech 4:14.36
- 5 Detroit Lakes 4:14.74
- 6 Fergus Falls 4:19.01

Shot Put

- 1 Becky Fettig, SCA 39-6
- 2 Loreena Anderson, Alex 36-9.5
- 3 Karla Syverson, Moor 36-1.75
- 4 Tammy Spillum, LF 35-10.5
- 5 Sue Quenette, Moor 35-2
- 6 Deanna Eral, SCT 33-6.5

Discus Throw

- 1 Loreena Anderson, Alex 135-5
- 2 Kelly Weber, SCT 119-2
- 3 Becky Fettig, SCA 113-3
- 4 Sue Quenette, Moor 111-10
- 5 Deanna Eral, SCT 107-0
- 6 Stacy Ehrenstrom, TRF 106-0

Long Jump

- 1 Janice Wolfe, SCA 17-7
- 2 Lori Larson, Moor 17-2.25
- 3 Ramona Rugloski, Brain 16-11.5
- 4 Daphne Wolter, SCT 16-6
- 5 Amy Maus, Melr 16-5.5
- 6 Kathy Weidner, Roco 16-0.75

High Jump

- 1 Amy Maus, Melr 5-6
- 2 Margaret Borgwarth, Brain 5-3
- 3 Carol Peterka, SCA 5-2
- t4 Delayne Gilberston, EGF 5-0
- t4 Mary Vosen, LF 5-0
- t4 Karla Olness, Moor 5-0

Notes: Apollo was coached by Donna Mark.